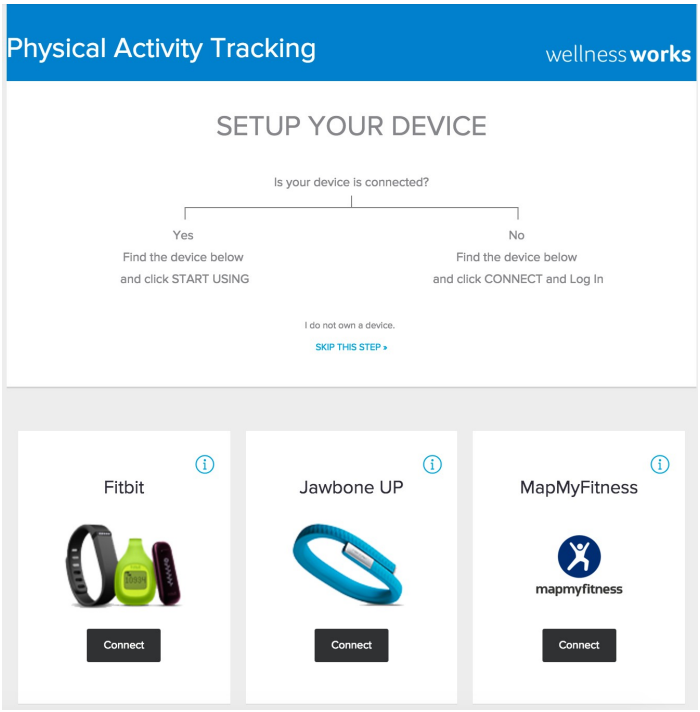
How to Sync Your Device and Start Earning Your Physical Activity Points

If you had a device connected last year OR if you'd like to use a device for the first time in 2017, follow the steps below to ensure your device is connected correctly when joining the new 2017 Physical Activity Tracking Program.

A. If you synced a device in 2016, on the "Device Set Up Page" when joining the program, connect an existing device and select START USING.

OR

B. If you are syncing a device for the first time, select CONNECT and fill in your device login information. Then, click START USING to use your device to track activity.



1. Log into the Physical Activity Tracking Program by clicking the "MORE…" button at the bottom of the Physical Activity Tracker program on the Active Programs tab and then click on "VIEW PROGRAM DETAILS".
2. If you synced a device in 2016, click on the Setting gear underneath "Log Activity" on the left column, choose Devices, then click START USING on your device.
3. If you are syncing a device for the first time, click on the Settings gear underneath, "Log Activity" on the left column, choose Devices, click CONNECT on the device you'd like to link and follow the instructions to link your device. Finally, go back to the Settings gear and click START USING.

Note: Some devices require software downloads onto your computer. If you have to download any device software, you will need to do so on your personal computer rather than your Aetna machine.