



INSPIRE HEALTH



*Your WELLNESS. Your WELLBEING.*

Location Name	Screening Date	Start Time	End Time	Conference Room(s)
Avista Adventist Hospital	10/5/2015 10/30/2015 11/20/2015	6 am 6 am 6 am	8 am 10 am 11 am	Spicer and Memorial Conference Rooms
Castle Rock Adventist Health Campus	10/24/2015	7 am	11 am	Gateway and Mesa Conference Rooms
Castle Rock Adventist Health Campus	11/3/2015	6 am	9 am	Gateway Mesa and Greenland Conference Rooms
Corporate AP/Payroll	11/9/2015	7 am	9 am	Main Conference Room
Corporate Service Center	10/26/2015	7 am	9 am	Breckenridge, Keystone, Winter Park Conference Rooms
Colorado Health Neighborhoods (61 Inverness )	10/16/2015	7 am	9 am	Mount Evans Conference Room
Corporate-Centura Health Physicians Group	10/29/2015	7 am	9 am	Board Room
Corporate-Revenue Management Holly Building	11/2/2015	7 am	11 am	Conference Rooms A, B, C
Corporate-Revenue Management Summit Building	10/12/2015	7 am	10 am	Juniper Room
Corporate- IT/Recruitment/Benefits (109/111)	11/19/2015	7 am	10 am	Suite A Conference Room
Corporate-Supply Chain and Laboratory	10/9/2015	7 am	9 am	North Conference Room
Health at Home/Centura Connect- Speer Blvd	11/10/2015	7 am	11 am	Centura Connect Training Room
Littleton Adventist Hospital	10/17/2015	7 am	11 am	Conference Room 1 and 3
Littleton Adventist Hospital	11/6/2015	6 am	12 pm	Conference Room 1 and 3
Mercy Regional Medical Center	10/23/2015 11/19/2015	6 am 6 am	6 10 am 11 am	Conference Rooms A, B
Parker Adventist Hospital	10/28/2015 11/18/2015	6 am 6 am	11 am 12 pm	Pine A, B
Penrose Hospital	10/21/2015 11/4/2015	6 am	12 pm	Aerobics Room
Penrose Hospital	11/14/2015	7 am	11 am	Aerobics Room
Porter Adventist Hospital	10/7/2015 10/22/2015 11/17/2015	6 am	12 pm	Poncha Springs, Grand Mesa
Porter Place	10/21/2015	7 am	9 am	Auditorium
St. Anthony Hospital	10/10/2015	7 am	11 am	Auditoriums A,B, C,D
St. Anthony Hospital	10/15/2015 10/19/2015 11/16/2015	6 am 6 am 6 am	10 am 11 am 12 pm	Auditoriums A,B, C,D



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Location Name	Screening Date	Start Time	End Time	Conference Room(s)
St. Anthony North Health Campus	10/23/2015 11/16/2015	6 am	12 am	Mt. Evans, Torreys, and Gray Conference Rooms
St. Anthony Summit Medical Center	10/30/2015	6 am	8 am	Classroom
St. Catherine Hospital	10/15/2015 11/12/2015	6 am	10 am	Classroom A & B
St. Francis Medical Center	10/27/2015 11/9/2015	6 am 6 am	11 am 12 pm	Conference Rooms 1, 2, 3
St. Mary-Corwin Health at Home	10/6/2015	7 am	9 am	Conference Room
St. Mary-Corwin Medical Center	10/14/2015 11/5/2015	6 am 6 am	10 am 11 am	Cancer Center Conference Room
St. Thomas More Hospital/ Progressive Care Center	10/13/2015	6 am	10 am	Community Room

Onsite biometric screenings are one of two methods for participants to complete their biometric screening. Participants may also use their health care provider. Participants who complete both an annual preventive wellness exam and their biometric screening labs with their health care provider and submit the results on the Health Screening Results Form will earn an a \$50 incentive.

Participants need to register for an onsite event 5 business days prior to the event, walk ins on the day of the event will not be accepted.

All associates employed by Centura Health and spouses on the Medical Plan may attend an onsite biometric screening at any of the scheduled locations.

Things to keep in mind as you prepare for your biometric screening:

- Don't eat or drink anything but water for nine hours before your appointment time
- Drink plenty of water
- Continue taking medication as prescribed the day of your biometric screening.

**For more information visit [www.CafeWell.com/code/wellbeing](http://www.CafeWell.com/code/wellbeing) or call the Centura Health Wellness Incentive Helpline at 1-888-280-6069 between 7:00 am - 6:00 pm MDT (M-TH) and 7:00 am - 5:00 pm (F).**