
HEALTH CARE IS CHANGING — transitioning from the traditional, reactive model focused on sickness to a proactive, team approach promoting wellness and preventive care. It's a transformation placing you at the center of care where you are empowered to take charge of your health in partnership with a primary care provider.

CHN is leading the way in achieving this new way of thinking about health care.



YOU'RE SEARCHING FOR A DOCTOR.

It's an important decision and you want to find the right partner for your health care.


WHERE TO START? Look to **Colorado Health Neighborhoods.**

Colorado Health
Neighborhoods
 Centura Health.



Welcome to Colorado Health Neighborhoods (CHN) Where You Can Start Your Healthy Tomorrow Today


3 Ways to Find and Connect with a CHN Provider

 **Download the CHN app** on Google Play™ or from the App Store (Search CHN)

 **CenturaConnect:** 800-351-3400

 **Centura Health's Find-a-Doctor search tool:** centura.org or mychn.org

2 Resources to Help Manage Your Health and Wellness

 **iTriage:** Download the app at itriagehealth.com

 **CafeWell:** Visit cafewell.com/code/wellbeing to register for access

Email coloradohealthneighborhoods@centura.org
if you have questions.



CHN is a network of independent and employed physicians, along with other health professionals, partnering with Centura Health to reimagine health care.

CHN was created to provide health care consumers, including Centura Health associates, with proactive, coordinated care so that they can actively manage their health and wellness.

HOW DOES CHN BENEFIT YOU?

CHN's network includes thousands of health care providers partnering to offer you and your family quality care at an affordable cost. You have access to primary care providers, specialists, health care facilities, technology and resources you need to manage your personal level of health and wellness.

If you have a chronic condition such as diabetes or COPD, CHN's team of ambulatory nurse care coordinators can partner with you and your primary care provider to make sure you have what you need to stay well.

Under the Centura Health Medical Plan, associates benefit from a higher level of coverage when they select a CHN network provider. That's because CHN's network of providers is included in UnitedHealthcare's directory for Centura Health and are designated as Centura Preferred Providers.




Here's how you benefit when you select a Preferred Provider:

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| For all Preferred Provider services | › | Centura Health pays 80% of covered expenses and covered associates pay 20% |
| If you choose a Non-Preferred Provider | › | Centura Health pays 60% of covered expenses and covered associates pay 40% |
| For associates on the UnitedHealthcare HRA Medical Plan who select a Preferred Primary Care Provider | › | Your deductible is waived when you use a Preferred Primary Care Provider and you will only pay 20% of covered services |

Consider choosing a CHN provider. With CHN, consumers receive the health care value they need and want:

The right care at the right time, in the right place at the right price. Look to CHN and find your partner in health and wellness today.

 **See the page on the far left to learn about how you can find and connect with a CHN network provider.**