

STATE	CITY	BUSINESS ADDRESS 1	LAST NAME	FIRST NAME	EMAIL ADDRESS	WELL-BEING CHAMPION LOCATION
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AZ	Tucson	9000 S RITA RD	Davis	Thomas	davista@us.ibm.com	ON-SITE
AZ	Tucson	9000 S RITA RD	Taylor	Mike	taylorm@us.ibm.com	ON-SITE
CA	Costa Mesa1	3565 HARBOR BLVD	Tirador	Kathryn	kathryn.tirador@ibm.com	ON-SITE
CA	Costa Mesa2	600 ANTON BLVD	Ashraff	Anushe	aaashraf@us.ibm.com	ON-SITE
CA	Manhattan Beach	3914 The Strand	Merritt	Noelle	nmerritt@us.ibm.com	REMOTE
CA	Sacramento	2710-S GATEWAY OAKS DR	Hart	Sandy	slhart@us.ibm.com	ON-SITE
CA	San Diego	10140 MESA RIM RD	Sams	Rachel	rachelsams@us.ibm.com	ON-SITE
CA	San Diego		Conner	Crystal	crystal.conner@us.ibm.com	REMOTE
CA	San Francisco	425 Market Street	Fitzgerald	Jennifer	jennifer.fitzgerald1@ibm.com	ON-SITE
CA	San Francisco	505 HOWARD ST SUITES 600, 700, & 850	Hollon	Kalee	kaleehollon@us.ibm.com	ON-SITE
CA	San Jose1	555 BAILEY AVE	Barve	Kishori	kbarve@us.ibm.com	ON-SITE
CA	San Jose1	555 BAILEY AVE	Johannesen	Leila	leilaj@us.ibm.com	ON-SITE
CA	San Jose1	555 BAILEY AVE	Pommier	Jean	pommier@us.ibm.com	ON-SITE
CA	San Jose2	650 HARRY RD	Adebiji	Aminat	aminat.adebiyi@ibm.com	ON-SITE
CA	Santa Barbara	5425 HOLLISTER AVE STE 140	Pack	Cory	cpack@us.ibm.com	ON-SITE
CA	West Sacramento	840 STILLWATER RD	Chattaraj	Shyamal	shyamal.chattaraj@us.ibm.com	ON-SITE
CA	West Sacramento	840 STILLWATER RD	Venkataramani	Vijay	vvenkata@us.ibm.com	ON-SITE
CO	Boulder	6300 DIAGONAL HWY	Ericson	Darlene	darlene@us.ibm.com	ON-SITE
CO	Boulder	6300 DIAGONAL HWY	Gutierrez	Christian	cgutier@us.ibm.com	ON-SITE
CO	Denver	1675 Larimer Street # 750	Barber	Kristen	kristenbarber@ibm.com	ON-SITE
CO	Greenwood Village	6200 S SYRACUSE WAY	Fortner	Jane	jfortner@us.ibm.com	ON-SITE
CO	Greenwood Village	6200 S SYRACUSE WAY	Jordan	Shar	jordansh@us.ibm.com	ON-SITE
CT	Oxford	22 Old Country Rd	Wildman	Lisa	lisagw@us.ibm.com	REMOTE
DC	Washington1	1440 G ST NW	Trunzo	Joe	jetrunzo@us.ibm.com	ON-SITE
DC	Washington2	600 14TH ST NW	Haselden	Leanne	leanne.haselden@us.ibm.com	ON-SITE
DC	Washington3	80 M ST SE	Sall	Baidy	bsall@us.ibm.com	ON-SITE
FL	Daytona Beach	325 BILL FRANCE BLVD	Wallace	Eve	eve.wallace@us.ibm.com	ON-SITE
GA	Brookhaven	1001 SUMMIT BLVD	Wooden	Nicole	nwooden@us.ibm.com	ON-SITE
GA	Powder Springs	1535 Ember Oaks Circle	King	Alicia	asking@us.ibm.com	REMOTE
GA	Sandy Springs	6303 BARFIELD RD NE	Rasheed Rahji	Tawakaltu	tawa.rrahji@ibm.com	ON-SITE
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IA	Dubuque	700 LOCUST ST	Edens	Jack	jack.edens@us.ibm.com	ON-SITE
IA	Dubuque	700 LOCUST ST	Fiesler	Martin	mfiesler@us.ibm.com	ON-SITE
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IA	Dubuque	700 LOCUST ST	Godfrey	Kaylee	kgodfrey@ibm.com	ON-SITE
IA	Dubuque	700 LOCUST ST	Injeti	Isaac	iinjeti@us.ibm.com	ON-SITE
IA	Dubuque	700 LOCUST ST	Johnson	Hailey	Hailey.Johnson@ibm.com	ON-SITE
IA	Dubuque	700 LOCUST ST	Miles	Caleb	caleb.miles@ibm.com	ON-SITE
IA	Dubuque	700 LOCUST ST	Ray	Joseph	josepray@us.ibm.com	ON-SITE
IL	Chicago	71 S Wacker Dr	Ryskamp	Coreen	clryska@us.ibm.com	REMOTE
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IL	Winfield	1s638 Verdun Drive	Zierk	Ginna	gzierk@us.ibm.com	REMOTE
IN	Munster	1115 Holly Ln	Lanigan Milosavljevich	Kelly	klanigan@us.ibm.com	REMOTE
IN	West Lafayette	2415 Maxwell Dr	Lembke	Pamela	pamlembke@us.ibm.com	REMOTE
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LA	Baton Rouge	100 NORTH STREET	Salamanca	Jill	jill.salamanca@ibm.com	ON-SITE
MA	Cambridge	1 CHARLES PARK	Del Rio	Luciana	ldelrio@us.ibm.com	ON-SITE

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MA	Littleton	550 KING ST	Constantzos	Hector	hpconsta@us.ibm.com	ON-SITE
MA	Littleton	550 KING ST	Killam	Kim	kim_killam@us.ibm.com	ON-SITE
MA	Littleton	550 KING ST	Martin-Wilson	Constance	cmartin_wilson@us.ibm.com	ON-SITE
MA	Littleton	550 KING ST	Ziemba	Marnie	marnie_ziemba@us.ibm.com	ON-SITE
MD	Bethesda	7700 OLD GEORGETOWN RD	Kothari	Avni	avni.kothari@us.ibm.com	ON-SITE
MD	Bethesda	7700 OLD GEORGETOWN RD	Prince	Kathleen	kwhitley@us.ibm.com	ON-SITE
MD	Woodlawn	7106 AMBASSADOR RD	Moklak	Sylvia	smoklak@us.ibm.com	ON-SITE
MI	Ann Arbor	100 PHOENIX DR	Sanderson	Sarah	srsanderson@us.ibm.com	ON-SITE
MI	Ann Arbor	100 PHOENIX DR	Twanmo	Emily	etwanmo@us.ibm.com	ON-SITE
MI	East Lansing	195 CRESCENT RD	Diehr	Sarah	sdstephe@us.ibm.com	ON-SITE
MI	East Lansing	195 CRESCENT RD	Mbouga	Chrystelle	csmbouga@us.ibm.com	ON-SITE
MI	East Lansing	195 CRESCENT RD	Padgett	Dillon	dpadgett@us.ibm.com	ON-SITE
MI	East Lansing	195 CRESCENT RD	Soliman	James	jsolima@us.ibm.com	ON-SITE
MI	East Lansing	195 CRESCENT ROAD	Rupp	Kevin	krupp@us.ibm.com	REMOTE
MI	Marquette	2445 Werner Street	Roell	Amy	aroell@us.ibm.com	REMOTE
MN	Rochester	3605 HWY 52 N	Albu	Phil	pmalbu@us.ibm.com	ON-SITE
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MN	Rochester	3605 HWY 52 N	Jacobson	Kristi	kjake@us.ibm.com	ON-SITE
MN	Rochester	3605 HWY 52 N	Komejan	Claire	cekomeja@us.ibm.com	ON-SITE
MN	Rochester	3605 HWY 52 N	Nonn	Gerry	grnonn@us.ibm.com	ON-SITE
MN	Rochester	3605 HWY 52 N	Schreier	Cliff	cliffs@us.ibm.com	ON-SITE
MN	Rochester	3605 HWY 52 N	Torrrens-Burton	Tricia	triciatb@us.ibm.com	ON-SITE
MN	Rochester	3605 HWY 52 N	Trisko	Mark	mtrisko@us.ibm.com	ON-SITE
MN	Rochester	3605 HWY 52 N	Salsman	Lesley	lsalsman@us.ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Blanchard	Thomas	Thomas.Blanchard1@ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Downs	Kevin	kdowns@ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Elking	Chalyn	chalyn.elking@ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Green	Audrey	Audrey.Green@ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Kleckner	Lori	lori.jl.kleckner@ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Pass	Sasha	sasha.pass@us.ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Popkes	Susan	sue.popkes@ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Ramsey	Joshua	JOSHUA.RAMSEY@IBM.COM	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Tackett	Rita	rtackett@us.ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	White-Ellul	Shirley	shirley.e.white-ellul@ibm.com	ON-SITE
MO	Columbia	2810 LEMONE INDUSTRIAL BLVD	Zeng	Yinghui	yzeng@us.ibm.com	ON-SITE
NC	RTP	3039 E CORNWALLIS RD	Bach	Meg	bachmeg@us.ibm.com	ON-SITE
NC	RTP	3039 E CORNWALLIS RD	Brei	Eric	eric.brei@ibm.com	ON-SITE
NC	RTP	3039 E CORNWALLIS RD	Jamison	Jennifer	jjamiso1@us.ibm.com	ON-SITE
NC	RTP	3039 E CORNWALLIS RD	Perrin	Heather	hperrin@us.ibm.com	ON-SITE
NC	RTP	3039 E CORNWALLIS RD	Schultz	Kevin	kevinls@us.ibm.com	ON-SITE
NC	RTP	3039 E CORNWALLIS RD	Vetter	Cate	clnutt@us.ibm.com	ON-SITE
NE	Lincoln	2930 RIDGE LINE ROAD	Beekman	Julie	jbeekman@us.ibm.com	REMOTE
NJ	Green Pond	16 Old Lake End Road	Flaherty	Holly	hflahert@us.ibm.com	REMOTE
NJ	Piscataway	1551 S WASHINGTON AVE	Macyda	Lisa	lamacyda@us.ibm.com	ON-SITE
NJ	Upper Saddle River	44 Clover Lane	Palmer	Donna	dapalme@us.ibm.com	REMOTE
NY	Armonk	1 NEW ORCHARD RD	Alba	Santa	alba@us.ibm.com	ON-SITE
NY	Armonk	1 NEW ORCHARD RD	Birdsall	Jon	jbbird@us.ibm.com	ON-SITE
NY	Armonk	1 NEW ORCHARD RD	Costantino	Lisa	lacosta@us.ibm.com	ON-SITE

NY	Armonk	1 NORTH CASTLE DR	Duke	Lois	food@us.ibm.com	ON-SITE
NY	Armonk	1 NORTH CASTLE DR	Lee	Jacqueline	fitness@us.ibm.com	ON-SITE
NY	Armonk	1 NORTH CASTLE DR	Mirra-Feldman	Diane	dmirra@us.ibm.com	ON-SITE
NY	Armonk	1 NORTH CASTLE DR	O'Donnell	Desiree	desireeodonnell@us.ibm.com	ON-SITE
NY	Armonk	1 NORTH CASTLE DR	Sullivan	Ezette	ezettes1@us.ibm.com	ON-SITE
NY	Endicott	IBM 1701 NORTH ST	Timashenka	Susan	fortunat@us.ibm.com	ON-SITE
NY	New York2	105 MADISON AVE	Konugres	Margo	mlkonugr@us.ibm.com	ON-SITE
NY	New York2	105 MADISON AVE	Sokolosky	Eleonora	Eleonora.Sokolosky@ibm.com	ON-SITE
NY	New York3	88 UNIVERSITY PL	Davis	Lisa-Kay	lisakay.davis@ibm.com	ON-SITE
NY	New York3	88 UNIVERSITY PL	Hoang	Julia	julia.hoang1@ibm.com	ON-SITE
NY	New York4	590 MADISON AVE	Sokolosky	Eleonora	Eleonora.Sokolosky@ibm.com	ON-SITE
NY	New York5	1177 AVENUE OF THE AMERICAS	Sokolosky	Eleonora	Eleonora.Sokolosky@ibm.com	ON-SITE
NY	Poughkeepsie	2455 SOUTH RD	Jaluka	Rajesh	rjaluka@us.ibm.com	ON-SITE
NY	Poughkeepsie	2455 SOUTH RD	Velasquez	Indira	bachelet@us.ibm.com	ON-SITE
NY	Sterling Forest	299-300 LONG MEADOW RD, BLDG 1 F308	Hearne	Linda	lfoote@us.ibm.com	ON-SITE
NY	Yorktown Heights	1101 KITCHAWAN RD	Siu	Vince	vssiu@us.ibm.com	ON-SITE
PA	Blue Bell	1787 SENTRY PKWY WEST	Johnston	Marianne	mjohnston@us.ibm.com	ON-SITE
PA	Camp Hill		Valek	Brenda	valekb@us.ibm.com	REMOTE
PA	Nazareth	3559 Penfield Way	Ma	Lan	lanma@us.ibm.com	REMOTE
PA	Philadelphia	1601 CHERRY ST	Irwin	Chantal	cnirwin@us.ibm.com	ON-SITE
PA	Wayne	650 E Swedesford Dr.	Reeser	Dianna	dreeser@us.ibm.com	REMOTE
TX	Austin1	11400 BURNET RD	Caunt	Susan	caunt@us.ibm.com	ON-SITE
TX	Austin2	11501 BURNET RD	Cirigliano	Gabrielle	gcirigl@us.ibm.com	ON-SITE
TX	Austin2	11501 BURNET RD	Davis	Samantha	scdavis@us.ibm.com	ON-SITE
TX	Austin2	11501 BURNET RD	Kalyanaraman	Raguraman	raghuk@us.ibm.com	ON-SITE
TX	Austin2	11501 BURNET RD	Robinson	Pinki	pink@us.ibm.com	ON-SITE
TX	Dallas	4849 ALPHA RD	Jones	Angelina	angel.jones@us.ibm.com	REMOTE
TX	Farmers Branch	11511 LUNA ROAD	Venkatrangan	Padma	pvenkat@us.ibm.com	ON-SITE
TX	Houston	4824 La Branch St Unit B	Hernandez Ayala	Miguel Angel	miguel.hernandezayala@ibm.com	REMOTE
TX	Irving	750 W. JOHN CARPENTER FREEWAY	Morgan	Donna	dmorgan@us.ibm.com	ON-SITE
TX	Plano	3400 W PLANO PKWY	Delozier	James	james.delozier@ibm.com	ON-SITE
VA	Alexandria	6003 Chicory Place	McCluskey	Besty	bmcccluskey@us.ibm.com	REMOTE
VA	Annandale	4709 Declaration Court	Ghods	Tania	tghods@us.ibm.com	REMOTE
WA	Seattle	1100 OLIVE WAY	Vakkayil	Haris	harisbabu@us.ibm.com	ON-SITE
WI	DePere	2073 LAWRENCE DR	Schimmelpfenning	Nicole	nmschimm@us.ibm.com	REMOTE
WI	Hartland	900 WALNUT RIDGE DR	Avalos	Carrie	cavalos@us.ibm.com	ON-SITE
WI	Hartland	900 WALNUT RIDGE DR	Fisher	Bradena	bradena.l.fisher@ibm.com	ON-SITE
WI	Hartland	900 WALNUT RIDGE DR	Keepman	Megan	mkeepman@us.ibm.com	ON-SITE
WI	Hartland	900 WALNUT RIDGE DR	Mucha	Meg	meg.mucha@ibm.com	ON-SITE
WI	Hartland	900 WALNUT RIDGE DR	Nickerson	Jenny	jnickers@us.ibm.com	ON-SITE
WI	Hartland	900 WALNUT RIDGE DR	Oduro	Martin	martin.oduro@ibm.com	ON-SITE
WI	Hartland	900 WALNUT RIDGE DR	Walterlin	Jen	jennifer.walterlin@us.ibm.com	ON-SITE